

## “It's not Fair” – Series in Job Summer 2023

This term we are looking at **Job** to explore our feelings through the ups and downs of life, and our relationship with God. Though it tackles hard subjects, we think that each family can find age appropriate ways of exploring with their children – learning to be honest together in ways that fit with the ages of your children.



The pack contains:

- A set of weekly sheets – one for each week between now and mid-July
- Three 'Key Questions' cards – one is used each month
- A set of 'Emotion Cards' – these help us explore our different feelings. They are used on certain weeks, but in general are a useful resource to explore how we feel (see below).

Each weekly sheet tells you where Job has got to, suggests a short snippet to read from Job, and has one or two thought provoking questions and one or two suggested activities to do together as a family. Of course please adapt the wording to best fit the age / capability of your children.

Some of the suggested activities ask you to message/send what you produce to Karl or Helen. **Please do send these in!** It will show participation, and enable us to explore together as a wider church.

### Emotion (Mood) Cards

There are 9 sheets each with 6 emotions (or moods) (54 cards in total). It is up to you whether you want to keep them on the sheets, or first cut up the sheets to make individual cards. Spread them out across a table (or on the floor) so that you can all scan all the sheets/cards for each of you to pick one emotion or mood out.

As a general resource, you can use the Emotion Cards to help your children:

- “See It” - recognizing different emotions.
- “Say It” - expanding emotional vocabulary.
- “Feel It” – recognizing how emotions affect their bodies.
- “Mimic It” – showing what emotions look like.
- “Talk About It” - talking about their own experiences.

These cards printed from [hope4hurtingkids.com](http://hope4hurtingkids.com) website resource.