

Week of Prayer 11th May - 17th May

Experiencing the Names of God

Welcome to our week of prayer as we explore God's beautiful and powerful names. Each day, we will focus on one of His names, seeking to understand more deeply His character and how He relates to us.

We will use the GRIP method daily to guide our reflection and response.





Grasp: Read the scripture passage provided.

Reflect: Identify the key attributes of God revealed in the name and scripture. What does this name mean to you?

Invoke: Pray, focusing on this aspect of God's character. Bring your needs, praises, and questions about this attribute before Him.

Proceed: Consider a practical way to live out or respond to what you've learned and prayed about today.



SUNDAY, MAY 11TH THE LORD OUR PROVIDER

JEHOVAH JIREH

"So Abraham called the name of that place, "The LORD will provide"; as it is said to this day,"
On the mount of the LORD it shall be provided." (Genesis 22:14)

Grasp: Genesis 22:1-14

Reflect: What does this larger passage reveal about God's provision? Consider Abraham's obedience, Isaac's question, and God's intervention. How does this story deepen your understanding of Jehovah Jireh?

Invoke: Spend time in prayer thanking God for His provision, even in unexpected ways. Bring any areas of testing or uncertainty before Him, trusting that He will provide.

Proceed: Think of someone you know who might face a practical need. Consider a small way you can offer support or encouragement to them today, trusting that God can also use you as a means of His provision.



MONDAY, MAY 12TH THE LORD OUR HEALER

JEHOVAH RAPHA

God said "If you will diligently listen to the voice of the LORD your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the LORD, your healer."

(Exodus 15:26)

Grasp: Exodus 15:22-26

Reflect: Please take a look at the context of this passage. The Israelites were thirsty and found bitter water. How did God respond to their need? What connection is made between obedience and God's healing?

Invoke: Pray for God's healing touch in your life and the lives of those you know. Ask for wisdom to live in a way that honours Him.

Proceed: Reach out to someone you know struggling with illness, pain, or emotional distress. Offer a listening ear, a word of comfort, or a practical act of service. Pray for their healing.



TUESDAY, MAY 13TH THE LORD OUR BANNER

JEHOVAH NISSI

"And Moses built an altar and called the name of it, The LORD Is My Banner" (Exodus 17:15)

Grasp: Exodus 17:8-16

Reflect: What does this battle against the Amalekites teach us about spiritual warfare? How did Moses' raised hands, supported by Aaron and Hur, symbolize reliance on God? How is God our banner in our struggles?

Invoke: Pray for strength and perseverance in any situation you face. Ask for God's support and victory in these situations.

Proceed: Identify someone in your community or social circle who might feel discouraged or face a challenge. Offer them a word of encouragement, reminding them that God is their banner and strength in the battle.



WEDNESDAY, MAY 14TH THE LORD OUR PEACE

JEHOVAH SHALOM

"Then Gideon built an altar there to the LORD and called it, The LORD Is Peace. To this day, it still stands at Ophrah, which belongs to the Abiezrites." (Judges 6:24)

Grasp: Judges 6:11-24

Reflect: Consider Gideon's fear and the Lord's immediate response: "Peace! Do not be afraid." How does this encounter reveal the nature of God's peace, especially in the midst of fear and uncertainty?

Invoke: Pray for God's peace to calm your anxieties or fears. Ask for His presence to bring tranquillity to your mind and heart.

Proceed: Consider a relationship with tension or a lack of peace in your life. Take a step today to be a peacemaker, whether through a gentle conversation, an act of forgiveness, or a prayer for reconciliation.



THURSDAY, MAY 15TH THE LORD OUR SHEPHERD

JEHOVAH RAAH

"The LORD is my shepherd; I shall not want." (Psalm 23:1)

Grasp: Psalm 23

Reflect: Meditate on each line of this familiar psalm. What different aspects of a shepherd's care are highlighted? How does God fulfil these roles in your life?

Invoke: Pray, expressing your trust in God as your Shepherd. Thank Him for His guidance, provision, protection, and comfort. Bring any feelings of loneliness or being lost before Him.

Proceed: Think about someone you know who might be feeling lost, lonely, or without direction. Reach out to them with a word of guidance, support, or simply your presence, reflecting God's care as a shepherd.



FRIDAY, MAY 16TH THE LORD OUR RIGHTEOUSNESS

JEHOVAH TSIDKENU

"In his days Judah will be saved, and Israel will dwell securely. And this is the name by which he will be called 'The LORD is our righteousness.'" (Jeremiah 23:6)

Grasp: Jeremiah 23:1-8

Reflect: Consider the contrast between the unfaithful shepherds and the promise of a righteous Branch. How does this passage point to Jesus Christ as our ultimate righteousness? What does it mean to find our righteousness in Him?

Invoke: Pray, thanking God for sending Jesus, the righteous Branch, to be our righteousness. Ask for His help to live in a way that reflects the righteousness we have been given through faith.

Proceed: Consider an area in your community or society where you see injustice or a lack of righteousness. Pray for those affected and think about a small way you can advocate for fairness or act with greater integrity in your own interactions.



SATURDAY, MAY 14TH THE LORD IS HERE

JEHOVAH SHAMMAH

"And the name of the city from that time on shall be, The LORD Is There." (Ezekiel 48:35)

Grasp: Ezekiel 48:30-35

Reflect: This passage describes a future city where God's presence is so central that it becomes the city's name. What does this signify about God's ultimate desire to dwell with His people? How can we experience His presence in our "city" – our lives and communities – today?

Invoke: Pray for a deeper awareness of God's presence with you throughout your day. Ask for His Spirit to fill your life and your surroundings.

Proceed: Be mindful of God's presence with you as you interact with others today. Let His love and peace flow through your conversations and actions, reflecting that "The LORD is Here" in your life.



As our Week of Prayer draws to a close, where we have focused on experiencing the character of God through His names, let us not let this intentionality fade. Just as we continue to study His characteristics through the Book of Isaiah as a church family, let's carry this awareness of God's presence into our daily lives.

May the reflections and prayers of this week deepen our commitment to reflect God and godly character to our family members, our friends, colleagues, and everyone we come across.

Let's continue to ask for God's strength, keeping our eyes and ears open to discern His leading and glorify Him through everything we do.

And importantly, let's continue to ask the Holy Spirit for His constant companionship to help us grow stronger in our faith, even amidst challenges,

as we journey together as

